

**Zimmer Biomet Rapid Recovery Centre
Reference Visit**

**Vejle Hospital, Denmark
January 26-27 - 2017**

Place: Vejle Hospital, Kabbeltoft 25, DK – 7100 Vejle, Denmark
Course responsible: Dan Blohm, MD
Course Coordinator: Henriette A Holm, Jane S Leonhardt Research Nurses.

Your visit at Vejle Hospital takes place on Thursday the 26th and Friday the 27th of January 2017. On the first day the multi-disciplinary team from Vejle Hospital will present their experiences with Rapid Recovery and the visitors will explain their main goal for the visit.

On the second day visitors will have the opportunity to experience the Rapid Recovery organization and the patient pathway.

Surgeons and anaesthesiologists are invited to attend surgery whereas nurses and physiotherapists will join their counterparts during their daily activities.

The different presentations delivered during the entire course on how to run and develop a Rapid Recovery programme, you can receive after the course.

AGENDA

Thursday January 26th

| | | |
|--------------|--|-------------|
| 11.30 | Arrival at Vejle Hospital main entrance. Wait in front hall Contact Research Nurse on cell phone +45 7940-5765 | |
| 11.45 | Welcome to Vejle Hospital | C- room /HH |
| 12.00 | Lunch | |
| 12.30 | Presentation by visitors , your expectations and current status on Rapid Recovery (this can be a power point presentation) | /Nyköbing |
| 13.00 | Requirement to implementation of Rapid Recovery in an orthopaedic organisation <ul style="list-style-type: none"> • Rapid Recovery Concept – looking at the past and present • Clinical pathway • Pain and prophylaxis treatment | /DB,HH |
| 13.50 | Coffee break | |
| 14.00 | Cont: Requirement to implementation of Rapid Recovery in an orthopaedic organisation <ul style="list-style-type: none"> • Surgical technique • Patient flow through the OR • Rehabilitation • Contact-person-programme • Assigned tasks | /DB,HH |
| 15.00 | Principles for Physiotherapy in a Rapid Recovery set-up | /FP |
| 15.30 | The role of the anaesthesiologist in securing a stable Rapid Recovery programme | /HM |
| 16.00 | Vejle Hospital – The role of the administrator in a Rapid Recovery set-up | /PWK |
| 17.00 | Discussion and concluding remarks. Programme for tomorrow | |
| 17.15 | End of day 1 | |

AGENDA

Friday January 27th

| | | |
|--------------|---|--------------|
| 07.45 | Anaesthesiologist , Nurses (Anæs+OR) arrive at Vejle Hospital Contact Research Nurse on cell phone +45 7940 -5765 when arrival Change to staff clothes | |
| 08.00 | Anaesthesiologists, Nurses follow their Danish counterparts | |
| 08.30 | The remaining group arrive at Vejle Hospital Contact Research Nurse on cell phone +45 7940 -5765 when arrival Change to staff clothes | |
| 09.00 | Participation in Patient Seminar (All visitors) | |
| 10.00 | Following your Danish counterparts in clinic: <ul style="list-style-type: none"> Schematic overview will be handed out end of day one | |
| 12.00 | Lunch | C- room |
| 12.30 | Out-patient Clinic (All visitors) <ul style="list-style-type: none"> Doctor: Pre-operative visit /DB Nurses: Pre-operative visit and follow up /LP | |
| 13.15 | Tour round Vejle Hospital (Patients pathway - All visitors) | /HH,JSL |
| 13.45 | Coffee break | |
| 14.00 | Presentations: (All visitors) Regularly survey of status and results | /JSL |
| 14.15 | Ward and Discharge café | /AMP-ASA |
| 14.30 | Closing remarks and conclusions: Discuss the next step in Rapid Recovery Programme at Nykøbing Hospital | /DB, HH, JSL |
| 15.00 | End of day - departure | |

Visitors

| | |
|-------------------------------|--|
| Prof. Dr. Nihat Tosun | Chairman of Orthopaedics and Traumatology Dept. |
| Prof. Dr. Metin Doğan | Rector of Yildirim Beyazıt University and Instructor |
| Prof. Dr. Safa Kapıcıoğlu | Deputy Chairman of Higher Education Authority and Instructor |
| Orhan Koç | Vice President of SGK |
| Yücel Karakış | Social Security Specialist at SGK |
| Prof. Dr. Mustafa Aksoy | Chairman of Anesthesia Department |
| Prof. Dr. Necmiye Ün Yıldırım | Chairman of Physiotherapy Department |
| Prof. Dr. Murat Bozkurt | Professor, Chairman Musculoskeletal Regenerative Medicine Center of Joint Surgery Dept |
| Dr. Safa Gürsoy | Dept. of Musculoskeletal Regenerative Medicine Center |
| Dr. Mustafa Akkaya | Dept. of Musculoskeletal Regenerative Medicine Center |
| Dr. Mehmet Emin Şimşek | Dept. of Musculoskeletal Regenerative Medicine Center |
| Tülin Gündem | Staff |
| Erdem Taner | Staff |
| Ayça Selen | Staff |

Local team responsible for education during the seminar

| | |
|-----|---|
| DB | Dan Blohm, surgeon, (knee) |
| PWK | Per Wagner Kristensen, Head of Department, orthopaedic surgeon (knee) |
| HAH | Henriette Appel Holm, RN, research nurse |
| SJ | Jane S Leornhardt, research nurse |
| HM | Hans Mandø, MD, anesthesiologist |
| AMP | Anna Mette M Pedersen, RN, special trained, Ward |
| FNP | Flemming Najbjerg Poulsen, physiotherapist |