



# BioSkills Knee Arthroscopy Course

*Hands on - Sports Medicine*

Erasmus MC  
Rotterdam, The Netherlands  
17 - 18 May 2018

 ZIMMER BIOMET  
Institute

## BioSkills

Life is all about activity. At Zimmer Biomet Institute we therefore believe our delegates should play an active part when learning about new products, surgical techniques or the like. Get your hands and brains on human specimens, sawbones and instruments to deepen your knowledge and enhance your skills!

The specific course objectives include:

- Discuss appropriate patient selection, indications, approaches and implant use
- Interact and discuss cases with expert Faculty and colleagues
- Review the practical and technical aspects of Sports Medicine implants
- Perform the operation using anatomical specimens

The Zimmer Biomet Institute wishes you a valuable and enjoyable training with us.

Zimmer Biomet Institute



**LEARN. INTERACT. UNDERSTAND. SHARE.**

*Our continuum of education offers a vast range of opportunities to health care providers and Zimmer Biomet team members to **learn, interact, understand** and **share** knowledge about our products, services and about surgical philosophies through a variety of modalities.*

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# Program

## Thursday 17 May 2018

Bilderberg Hotel

16:00 *Registration*

- 16:20 Introduction and Presentation
- 16:30 Transportal Anatomic ACL Reconstruction
- 16:55 The new trends in ACL Reconstruction
- 17:20 Diagnosis and treatment of PCL injuries:  
Transtibial/Inlay Technique
- 17:45 Posterolateral Corner (PLC) Injury
- 18:10 Medial patella-femoral ligament (MPFL) Reconstruction
- 18:35 Case Discussion

*End of day 1*

20:00 *Course dinner*

## Friday 18 May 2018

Skills Lab Erasmus MC

08:00 *Meet in the lobby & walk to the University*

- 08:30 Wet lab introduction
- 09:00 Surgical Demonstrations
- 09:30 Wet lab
  - ACL Reconstruction
  - PLC Reconstruction

11:00 *Coffee break*

- 11:15 Wet lab
  - MPFL Reconstruction
  - PCL Reconstruction

13:00 *Closing and lunch  
Departure*

## Faculty

**Dr. Bogdan Ambrožič**

Orthopedic Hospital Valdoltra  
Ankaran, Slovenia

**Dr. Konrad Malinowski**

AstroMedical  
Belchatow, Poland

**Dr. Horst Müller-Kittnau**

Ortho Zentrum Rosenheim  
Rosenheim, Germany

**Dr. Alcindo Silva**

Hospital da Luz Arrábida  
Gaia, Portugal

## Information

### Organisation

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### Course Lead

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### Venue

Erasmus MC  
Rotterdam, The Netherlands

### Language

English

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